



**NHS CHARITIES
TOGETHER**



GET YOUR SCHOOL **TOGETHER!** FOR NHS CHARITIES TOGETHER

There are so many wonderful ways to bring your class, year group, or whole school community together and raise money for the benefit of NHS staff and patients. From extreme sports events to fun and unique challenges, there's something for everyone.

Why not start by challenging your school to come up with some great ideas to vote on?

Turn over

for some great
fundraising ideas

Here are some suggestions to get you started!

♥ WHY NOT GIVE SOMETHING UP AS A CLASS

You'll be amazed at how easy it is to set up, but how difficult it is to do! Try a day or even a week without screens, or give up chocolate, sweets or fizzy drinks, and you may find yourself enjoying time outdoors instead.

♥ FUNDRAISE AT A MATCH

You can organise a sponsored game of netball, football, rugby, hockey, basketball, cricket... you get the idea. Or hold a special race on Sports Day, like a tug-of-war, egg and spoon race, three-legged race or teachers v students rounders.

♥ QUIZ NIGHT

One of the most popular ways to raise money for your school and NHS Charities Together. Bring parents and teachers together for a bit of healthy competition, with snacks and drinks for sale on the night.

♥ FUNDRAISE AT YOUR OPEN EVENING

Open evenings are a great way to raise money and provide tasty treats. Share the proceeds of a bake sale between your school and NHS Charities Together, hold a raffle, or sell drinks at the next concert.

♥ HOLD AN ART EXHIBITION

Bring the entire community of parents, students and teachers together by holding an exhibition. From paintings to pottery, you could hold an afternoon or evening show and sell your work.

♥ SOCK IT TO 'EM!

Organise a special day where everyone wears fun socks for a day. No need to buy them – challenge your friends to customise an old pair in the funniest way.

♥ WEAR YOUR OWN CLOTHES DAY

Students love a own clothes day, but why not do one with a twist? Create a theme like heroes, a decade in time, a colour or a letter from the alphabet.



Could your school do it?

Massive congratulations to eleven sixth formers from Oundle School in Northamptonshire, who swam in relay continuously for 24 hours. They completed **3,550 lengths** – 85.2km- and raised a total of £2,815. **That's incredible!**

SHOUT ABOUT IT!

Don't forget to tell everyone about your challenge and get sponsorship for NHS Charities Together – the national charity caring for the NHS, so everyone can have better healthcare.

- Set up your fundraising page and share it with friends and family.
- Post on your own social media channels (tag us using **#NHSCharitiesTogether**).
- Share updates and photos with us by emailing **hello@anhsc.org.uk** or on our social media channels:



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